

Hands Up

Intermediate Line Dance

Music: "Hands Up" by Out of Office 2008

Choreo: Jeff Driggs, P. O. Box 1352, St. Albans, WV 25177 (304)776-9571 www.doubletoe.com

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Wait 16

Step Descriptions

PART A (Intro)

L	S		H	S	S		H	S
R	DT(B)		R	S	DT(B)		R	S
	1 & a		2 & 3 4		5 & a		6 & 7 8	

L	S		H		DT(B)	T(B)	T(B)	S		H	S	
R	DT(B)		T(B)	T(B)	S		H		DT(B)		R	S
	1 a&		a 2		& 3 a&		a 4		& 5 &a		6 & 7 8	

PART B (Chorus)

Description of hand move on beats 1 & 2. Standing with feet spread and both hands down and to right of body, left hand goes straight up on beat one then down to left on &... right hand goes up on & (as left goes down) and right hand goes down on 2

L Hand:	Up	Dwn		R	R	DS	S
R Hand:	Up	Dwn	CHUG	S	S	S	R
	1 &	2	3	4 &	5 &	6 &	7 & 8

L				R	DS	R	R	
R	DT	TCH(XIF)	TCH(XIF)	DS	S	DS	S	S
	&a 1		2	&3 & 4	&5 &6	& 7	& 8	

Repeat Hands Up, Chug Chain, Touches, Fancy Double to face front

PART C (Verse)

L	DS		DS		DS		DS	BO	BO(OTS)
R	SLUR	S(XIB)	SLUR	S(XIB)	DS(XIF)		BO	BO(OTS)	
	&1 &	2	&3 &	4	&5 &6		&7 &	8	

L	SPIN ON BALLS OF FEET 1/2 LEFT	DS	S	DS	R	
R	SPIN ON BALLS OF FEET 1/2 LEFT	S	R	DS	DS	S
	1		2 &3 & 4	&5 &6	&7 & 8	

Repeat 2 Slurs, Triple Split, Spin N Basic and Triple to face front

PART D (Build)

L	S	S	S	UP	S	S	S	STOMP
R	S	UP	S	S	UP	S	STOMP	
	&1 &2	&3 4		& 5	& 6	& 7	& 8	

Description of hand move on beats 1 2 3 & 4: Standing with feet spread and both hands down left, right then circle around to the left

L Hands:	L R circle to L		DS	R
R Hands:	L R circle to L	STOMP	DS	S
	1 2 3 & 4		5	&6 &7 & 8

Repeat Pony, Break It Down, and Stomp Double Turn to face front

(Continued on next page)

Wait 16

Cuers Notes

PART A (Intro)

Soccer Synch, Soccer Synch

Turn 1/4 left on each

Toe-Toe, Soccer Synch

Turn 1/4 left to front

PART B (Chorus)

Hands Up, Chug Chain

Turn 1/4 right on CHUG... SRSRS

Touches, Fancy Double

Turn 1/4 left on Fancy Double to back

Repeat to face front

PART C (Verse)

2 Slurs, Triple Split

Moving left

Spin 'n a Basic, Triple

Spin to face back

Repeat to face front

PART D (Build)

Pony

Moving forward.... A lot

Break It Down, Stomp Double

turn 1/4 right on Stomp Double

Repeat to face front

(Continued on next page...)

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REPEAT PART B (Chorus)

REPEAT PART A (Intro)

REPEAT PART C (Verse)

PART D (Build)

REPEAT PART B (Chorus)

BREAK

L	KICK	S		KICK	S		SL	SL	SL	SL		
R		KICK	S		KICK	S	SL	SL	SL	SL		
	&	1	&	2	&	3	&	4	5	6	7	8

Repeat 3 more times to face all four walls to face four walls

If you want... on the last one only slide 3 times and when whip sounds crack whip or touch booty lol etc

REPEAT PART A (Intro)

REPEAT PART B (Chorus)

REPEAT PART B (Chorus)

PART B (Chorus)

Hands Up, Chug Chain
Touches, Fancy Double
Hands Up, Chug Chain
Touches, Fancy Double

REPEAT PART A

Soccer Synch, Soccer Synch
Toe-Toe, Soccer Synch

PART C (Verse)

2 Slurs, Triple Split
Spin 'n a Basic, Triple
2 Slurs, Triple Split
Spin 'n a Basic, Triple

PART D (Build)

Pony
Break It Down, Stomp Double
Pony
Break It Down, Stomp Double

PART B (Chorus)

Hands Up, Chug Chain
Touches, Fancy Double
Hands Up, Chug Chain
Touches, Fancy Double

BREAK

Kick Steps, Crazy Slide
*Moving forward on kicks, on Slides
hands up ¼ left like "500 miles"*

Repeat to face four walls

REPEAT PART A

Soccer Synch, Soccer Synch
Toe-Toe, Soccer Synch

PART B (Chorus)

Hands Up, Chug Chain
Touches, Fancy Double
Hands Up, Chug Chain
Touches, Fancy Double

PART B (Chorus)

Hands Up, Chug Chain
Touches, Fancy Double
Hands Up, Chug Chain
Touches, Fancy Double