

Ladies Choice(Hairspray)

Matt Sexton

EZ

CD: Hairspray Soundtrack by Zac Efron
Choreo: **Matt Sexton**
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Music: Dance Fun
Sequence: Wait 16 - A - B - A - B - C - 1st Part of B - B - 2nd Part of B - End

Part A (40 Beats)

Rocking Chair L Ds R (turn ½ L on Br Up) S S
Grapevine R Br Up Ds S S(xib) To (roll arms by sides on Grapevine)

Repeat Rocking Chair w/Right Foot Lead turning ½ R then Repeat the Grapevine on the Right Foot

2 Basics L Ds S R Ds S S S(moving up) R Ds S R R R
Chain Up R R Ds S R R R Ds S R Ds S S S(moving back)
2 Basics
Chain Back

Cawtaba L Dt S Hl Hl Hl Lift Dt Twist // Twist Twist // Hl Up
Twist R Hl Hl Hl Twist Twist // Twist

Part B (32 Beats)

Charleston L Ds R Ds Ds S
Summey R To Up(if) Ba Hl(ib) S To(if) S R

Repeat Charleston and Summey with Opposite Foot Lead

Cowboy L Ds Ds R R R Ds R R S S S K (turn 360 L on Run&K)
Fancy Dbl R Ds Br Up Ds S S S Ds S S S S S
Run and Kick 1 & 2 & 3 4

Part C (32 Beats)

Funky Walk L S S S S R(tog) Ds S R Ds S R
4 Basics R S R(tog) S S S R Ds S R Ds S (turn ¼ L on each basic to make box)

On the Funky Walk Move Forward Rolling Arms in Front with Thumbs Up- Roll R, Roll L, Roll R, Roll R...then repeat w/opposite arms

Back up as you do the 4 Basics in a Box

Hand Jive Walking L, R(8 Beats)/ Fancy Double(4 Beats)/Jump 4 in a Circle turning 360 L(4 Beats)

1st Part of B

Charleston and Summey(L and R)

2nd Part of B

Cowboy and Fancy Double

Run and Kick

End

Funky Walk, 4 Basics in Box,

Hand Jive