

# PACE SETTERS

## LAY DOWN SALLY

Music: Lou-Mac (LM130) Lay Down Sally by Lov Mac Kutups  
 Choreographed by: Unknown

Wait 16 beats

1. Moving Backward: L L R L R L R L  
 DT-STEP-ROCK-STEP-ROCK-STEP-ROCK-STEP

2. Moving Forward: R R L L R R L R  
 DT-STEP-DT-STEP-DT-STEP-ROCK-STEP

3. Moving Backward: L L R L R L R L  
 DT-STEP-ROCK-STEP-ROCK-STEP-ROCK-STEP

4. Moving Forward: R R L L R R L R  
 DT-STEP-DT-STEP-DT-STEP-ROCK-STEP

5. Facing Forward: L L R L R R L R  
 DT-STEP-ROCK-STEP DT-STEP-ROCK-STEP

L L R L R R L R  
 DT-STEP-ROCK-STEP DT-STEP-ROCK-STEP

(Note: ROCK across in back of opposite foot)

6. Facing Forward: L L R L R R L R  
 DT-STEP-BRUSH-SLIDE DT-STEP-BRUSH-SLIDE

L L R L R R L R  
 DT-STEP-BRUSH-SLIDE DT-STEP-BRUSH-SLIDE

7. Facing Forward: L L R L R R L R  
 DT-STEP-ROCK-STEP DT-STEP-ROCK-STEP

8. Face Diag. Right: L L R L R L R L  
 DT-STEP-ROCK-STEP-ROCK-STEP-ROCK-STEP

(Note: Use first DT-STEP to face a right diagonal--not a full 1/4 turn.  
 Do three ROCK-STEPS backing up; use final one to turn to left diag.)

9. Face Diag. Left: R R L R L R L R  
 DT-STEP-ROCK-STEP-ROCK-STEP-ROCK-STEP (Face right again)

10. & 11. Repeat 8 and 9

12. Face Forward: L L R L R R L R  
 DT-STEP-BRUSH-SLIDE-DT-STEP-ROCK-STEP (TURN 1/4 LEFT)

(Note: Use first DT-STEP to face forward again. On ROCK, stretch leg  
 further back than a normal ROCK -- this step is done with a  
 Charleston-Step Flavor. Use final ROCK-STEP to make 1/4 left turn)

13, 14, & 15. Repeat 12 three more times to end facing original  
 direction.

REPEAT